

# Tobin Manor

56 Maple Street • Florence, MA 01062 • (413) 584-4030 Option #7

## Your Team

### Property Manager

Annie Thompson

PmMgr3@NorthamptonHousing.Org

### Office Hours:

Tuesday and Thursday

9:00AM-4:00PM



### Resident Service Coordinator

Kelly Bowler

RSC4@NorthamptonHousing.Org

(413)320-0073

Mon & Wed 9am-2pm

Our team meets by appointment.  
Reach out to schedule yours today.

### Service Team

Biagio Cordiano

Mike Rose

Report work orders to the management office.

### AFTER HOURS

If you have an after-hours maintenance emergency, please call 413-584-4030 and follow the prompt to PRESS 0. This will connect you to our on-call service technician.



## March 2026

### Grow Food Weekly Market Table



Has stopped for the season.  
We thank Grow Food for all they do for our residents!

### Fresh Van Schedule



Northampton  
Survival  
Center

Fruits & Vegetables, Eggs,  
Cheese, Meat, Bread Outside the  
Community Room EVERY  
Thursday 12:45 PM- 1:15 PM  
Call 413-586-6564.

### CRISIS SERVICES

Hampshire County 413-586-5555

29 N. Main Street Florence, MA 01062



### Unplug for Earth Hour

Since 2007, millions of people around the world have switched off their lights for one hour on the last Saturday in March. Known as Earth Hour, the event aims to raise awareness about environmental concerns and show support for eco-friendly causes. At 8:30 p.m. local time, folks turn off their lights and limit use of electronic devices as a symbolic gesture.

## Garbage Disposal

Your garbage disposal is a sensitive appliance and can easily malfunction if used improperly. Please follow these tips to keep your garbage disposal running smoothly. ALWAYS run water before, during and after using. ALWAYS clean garbage disposal regularly with hot water and 2 ounces of dish soap. Never put anything soft down garbage disposal. Soft items can clog it.

What NOT to put down garbage disposal:

- Cooking grease and/or oils
- Bones
- Eggshells
- Coffee beans or grounds
- Celery, banana peels, any vegetables or fruits
- Fruit pits or olive pits
- Pasta or bread items
- Rice

## Smoking

It is important that all residents follow the Non-Smoking policy. In addition to being a lease violation, smoking in your apartment affects your neighbors, most having health issues. Please be considerate.

## Work Orders

All work orders must be submitted to the office. Maintenance cannot do a repair without a work order unless it's an emergency, which will be addressed immediately.



## A Rainbow of Natural Wonders

Chase the rainbow to these far-flung destinations, where you'll find colorful natural treasures.

*Rainbow spring.* In Yellowstone National Park, Old Faithful may get a lot of the credit, but Grand Prismatic Spring is a rainbow-colored pool that draws plenty of the park's visitors. About the size of a football field, the thermal pool is deep blue in the center and ringed by bands of green, yellow and orange. The spring is colored by bacteria that crave its hot water.

*Rainbow trees.* Take a drive down Hana Highway in Maui, and you can find rainbows in the trees. Along the roadside, rainbow eucalyptus trees catch eyes with their otherworldly bark, which looks like it's been painted with shades of neon pink, yellow and green.

*Rainbow mountain.* Vinicunca, also known as Rainbow Mountain, in Cusco, Peru, bears colorful stripes of red, yellow-green and teal, thanks to 14 different minerals. Prior to 2015 or so, the bright peak looked like any other mountain because its colors were covered by ice and snow.

## Brain Bender: Leprechaun Logic

Four young leprechauns—Bridget, Erin, Declan and Seamus—are going to a St. Patrick's Day party. Each is taking a treat—shamrock cookies, a rainbow cake, Irish stew and soda bread. Use the clues to find out the name and age of each leprechaun and the food they're taking to the party.

- Bridget is the same age as the leprechaun who likes bread.
- The 8-year-old girl is not bringing a cake.
- Declan isn't taking the stew.
- Erin loves rainbows. She is younger than Seamus.
- Seamus and his twin sister are 8 years old.
- The youngest leprechaun, who is 6, isn't bringing cake or stew.
- Bridget isn't taking bread, and Seamus isn't taking cookies.

Want to know if you're correct? Bring in your answers to your RSC (by 3/17/26). If you're correct you will be entered in a drawing for a small gift. Winner will be announced in April's newsletter.



## Division of Community Care- (DCC)

Monday through Friday  
8:30AM-4:30PM

1 Roundhouse Plaza, 1st Floor,  
Northampton  
(877) DCC-0413

### FREE Meals

MANNA Community Kitchen  
St. John's Church  
48 Elm Street, Northampton



## Puppy Dog Eyes

National Puppy Day, March 23, celebrates the irresistible charm of puppies. Scientists have recently discovered that the mournful expression affectionately called "puppy dog eyes" is a trait that domesticated dogs developed over generations in order to communicate with people. Unlike their close relative the wolf, dogs have facial muscles that enable them to raise their eyebrows, which triggers a nurturing emotion in humans.



## Symbols of Luck

Since the beginning of civilization, people have used various symbols to bring them good luck.

*Four-leaf clover.* Irish legend claims this green plant will bring luck—if a person can spot the rarity. Scientists say the odds of finding a four-leaf clover in the wild are 1 in 10,000.

*Ladybug.* These insects, recognized by their bright red bodies with black spots, are beneficial to farmers and gardeners because they feast on plant-eating pests, which may be why many cultures admire "lucky ladybugs."

*Horseshoe.* Ancient folklore was full of mischievous fairies who were afraid of metal, so people hung iron horseshoes above their doors to keep them away. Some believe that hanging a horseshoe with the ends pointed up collects good fortune; others say that pointing the ends down allows luck to flow onto those below it.

*Penny.* You've probably heard the saying, "Find a penny, pick it up, and all day long you'll have good luck." The coin is said to be lucky only if found face side up.

*Rainbow.* Legend has it that a pot of gold can be found at the end of a rainbow, explaining why the colorful sight is a sign of good fortune.

## Brown Bag Program

If you are over 55 and would like to sign up, call the Food Bank at 413-247-9738.

## Northampton Neighbors

FREE of charge and offers a range of social and volunteer opportunities, as well as services and supports for members 55+ in Northampton, Florence and Leeds.

413-341-0106

[info@](mailto:info@northamptonneighbors.org)

[northamptonneighbors.org](http://northamptonneighbors.org)

[www.northamptonneighbors.org](http://www.northamptonneighbors.org)

## We Love Our Residents!



## Safe Passage

Confidential support to survivors of domestic violence

Office Number .... 413-586-1125

Hotline ..... 413-586-5066

Toll Free ..... 888-345-5282

TEXT START to ..... 88788

## Highland Valley Elder Services

413-586-2000

## Northampton Survival Center

413-586-6564

## Northampton Senior Center

413-587-1228

## March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 National Son's Day	5	6	7
8  DAYLIGHT SAVING TIME BEGINS	9	10	11	12	13	14
15 Board Meeting 5:30PM	16	17 	18	19	20 <i>Spring is in the air</i>	21
22	23  NATIONAL PUPPY DAY	24	25	26	27	28
29	30	31	<i>March</i>			

# Don't get p\*inched!

Put on your green duds and celebrate St. Patrick's Day March 17.  
Have a happy holiday!

