



Walter Salvo HOUSE

81 Conz Street • Northampton, MA 01060 • (413) 584-4030 Option #3

Property Manager

Jose Cruz

PmMgr6@NorthamptonHousing.Org

Receptionist

PHOccSp@NorthamptonHousing.Org

Resident Service Coordinator

Kimberly Williams

(413) 297-8058 (Hablo Español)

RSC3@NorthamptonHousing.Org

Kimberly is on Site Tuesday & Thursdays.

Our team meets by appointment.

Service Team:

Jason Pagan

Cody Gessing-Ames

David Francisco

Report work orders to the management office.



AFTER HOURS

If you have an AFTER-HOURS maintenance emergency, please call (413) 584-4030 and follow the prompt to PRESS 0. This will connect you to our on-call service technician.

LTO Office Hours

Mondays: 5pm-9pm Fridays: 9am-1pm

Call to schedule your appointments

(413) 341-3339 contact@wslto.org

CRISIS SERVICES

Hampshire County

(413) 586-5555

29 N. Main St., Florence, MA 01062

March 2026

In Need of Foot Care?

Come visit Simeonne and let her take care of your feet!
Call (413) 336-4518 to SCHEDULE your appointment.
\$20 per session!

Grow Food Weekly Market Table



Has stopped for the season.
We thank Grow Food for all they do for our residents!

Fresh Van Schedule

Fruits & Vegetables, Milk, Eggs, Cheese, Meat, Bread. Outside the Community Room. EVERY Thursday at 10am-10:45am. To sign up, call (413) 586-6564.



Northampton
Survival
Center

Walter Salvo BINGO Every Wednesday!

Doors open at 5:30pm, and Bingo starts at 6:30pm every Wednesday in the community room for Northampton Housing Authority residents ONLY. Not open for the public.

Sew What, Salvo?



Participate in learning the basics of sewing down in the Community Room!

Northampton Open Media

Sign up for IN-PERSON support with your computer by calling the LTO Office!



Wit & Wisdom

"Diligence is the mother of good luck."

—Benjamin Franklin

"If one is lucky, a solitary fantasy can totally transform one million realities."

—Maya Angelou

"Good luck beats early rising."

—Irish proverb

"I think we consider too much the good luck of the early bird and not enough the bad luck of the early worm."

—Franklin D. Roosevelt

"Luck is believing you're lucky."

—Tennessee Williams

"Luck is not chance; it's toil. Fortune's expensive smile is earned."

—Emily Dickinson

"Nothing is as obnoxious as other people's luck."

—F. Scott Fitzgerald

"People always call it luck when you've acted more sensibly than they have."

—Anne Tyler

"The day you decide to do it is your lucky day."

—Japanese proverb

"I busted a mirror and got seven years' bad luck, but my lawyer thinks he can get me five."

—Steven Wright



A Rainbow of Natural Wonders

Chase the rainbow to these far-flung destinations, where you'll find colorful natural treasures.

Rainbow spring. In Yellowstone National Park, Old Faithful may get a lot of the credit, but Grand Prismatic Spring is a rainbow-colored pool that draws plenty of the park's visitors. About the size of a football field, the thermal pool is deep blue in the center and ringed by bands of green, yellow and orange. The spring is colored by bacteria that crave its hot water.

Rainbow trees. Take a drive down Hana Highway in Maui, and you can find rainbows in the trees. Along the roadside, rainbow eucalyptus trees catch eyes with their otherworldly bark, which looks like it's been painted with shades of neon pink, yellow and green.

Rainbow mountain. Vinicunca, also known as Rainbow Mountain, in Cusco, Peru, bears colorful stripes of red, yellow-green and teal, thanks to 14 different minerals. Prior to 2015 or so, the bright peak looked like any other mountain because its colors were covered by ice and snow.

The Happiest Place on Planet Earth

Picture your happy place in honor of the International Day of Happiness on March 20. Now, picture the eight-time winner of happiest country in the world: a nation partly located in the Arctic Circle where neighborhoods go days without sunlight. So, what is Finland doing right?

Sisu. Finns value "sisu," a cultural concept that embodies perseverance and competence in the face of adversity. Of course, while the word "sisu" is Finnish, the underlying concept transcends national boundaries, and anyone can benefit from values of grit and resilience.

Sauna. There are 5.6 million people and 3.3 million saunas in Finland. Most Finns use the sauna at least once a week, making sure to shower before entering, and staying inside the sauna for multiple short periods of about 10 minutes, punctuated by cooling breaks with a cold shower or even a roll in the snow!

Scenery. Snow or shine, Finns prioritize being outside. During winter months, many people still bike to work, and some parents even trade strollers for sleds to take their kids to school.



Division of Community Care- (DCC)

Monday through Friday
8:30AM-4:30PM

1 Roundhouse Plaza, 1st Floor,
Northampton
(877) DCC-0413

FREE Meals

MANNA Community Kitchen
St. John's Church

48 Elm Street, Northampton
Monday, Tuesday, Wednesday
Thursday, 11:30-12:30

Community Center Hours
Monday-Thursday & Saturday
10am-3pm



EXPERIENCING CONFLICT WITH YOUR NEIGHBOR?

CRG'S FREE HOUSING MEDIATION PROGRAM MAY BE ABLE TO HELP!

THE HOUSING MEDIATION PROGRAM

offers free mediation time to renters who are experiencing conflict with their neighbors or roommates. Contact us to find out more about eligibility.



TO GET STARTED, CONTACT US TODAY

413-774-7469
info@crg-collab.org
collaborativeresolutionsgroup.org

Highland Valley Elder Services

413-586-2000

Northampton Survival Center

413-586-6564

Northampton Senior Center

413-587-1228

We Love Our Residents!

Safe Passage

Confidential support to survivors of domestic violence.

Office Number 413-586-1125

Hotline 413-586-5066

Toll Free 888-345-5282

TEXT START to 88788

An Artful Age

"Youth is the gift of nature, but age is a work of art." —Stanislaw Jerzy Lec



Spare a Moment for Sparrows

Cheep along with our small, feathered friends on March 20 for World Sparrow Day!

Brown Bag Program

If you are over 55 and would like to sign up, call the Food Bank at 413-247-9738.

Northampton Neighbors

Is FREE of charge and offers a range of social and volunteer opportunities, as well as services and supports for members 55+ in Northampton, Florence and Leeds.

413-341-0106

info@

northamptonneighbors.org

www.northamptonneighbors.org

Brainteaser

Question: I have no arms and no legs, and yet I move the earth.
What am I?

Answer: An earthworm.



Sweet Tweets

"My favorite weather is bird-chirping weather." —Terri Guillemets

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>LTO Meeting</i>	3	4 <i>Northampton Open Media</i> 2-5:00pm <i>Bingo</i> 6:30PM Salvo Community Room	5 <i>RSC Kimberly</i> On Site <i>Fresh Van</i> 10-10:45am <i>Sew What, Salvo?</i> 2-5:00pm	6	7 <i>Diamond Art</i> 2-4:00pm Salvo Community Room
8	9	10	11 <i>Public Health Nurse</i> 11am-12:00pm Community Room <i>Bingo</i> 6:30PM Salvo Community Room	12 <i>RSC Kimberly</i> On Site <i>Fresh Van</i> 10-10:45am	13	14 <i>Diamond Art</i> 2-4:00pm Salvo Community Room
15	16 <i>NHA Board Meeting</i>	17	18 <i>Bingo</i> 6:30PM Salvo Community Room	19 <i>RSC Kimberly</i> On Site <i>Fresh Van</i> 10-10:45am <i>Sew What, Salvo?</i> 2-5:00pm	20	21 <i>Diamond Art</i> 2-4:00pm Salvo Community Room
22	23	24	25 <i>Bingo</i> 6:30PM Salvo Community Room	26 <i>RSC Kimberly</i> On Site <i>Fresh Van</i> 10-10:45am	27	28 <i>Diamond Art</i> 2-4:00pm Salvo Community Room
29	30	31				